

Nurse Lifeline focuses on improving the mental health and emotional well-being of nurses, midwives and other health care professionals across the UK. The listening service is designed to provide a safe and non-judgmental space for the health care community to offload and decompress with peer support from other nurses and midwives.



Who We Support

- Nurses
- Midwives
- Health Care Assistants
- Social Carers
- Students in these professions

Our Vision

A world where everyone in the nursing community is nurtured and supported, enabling them to provide exceptional care with compassion and resilience.

“Reman (1996) said ‘The expectation that we can be immersed in suffering and loss daily and not be touched by it, is an unrealistic as expecting to walk through water and not get wet.’ Nurse Lifeline are here to hold the towel, or if the water is really deep, hold a hand out so you don’t drown.”

Sara Lister, Trustee

Get Involved



Donate



Fundraise



Volunteer



Become an
Ambassador



Partner with us

| Nurse Lifeline operates Monday - Friday, 7pm to 10pm |
| 0808 801 0455 |

| Learn more at www.nurselifeline.org.uk |

